

2010 OCCUPATIONAL SAFETY AND HEALTH EDUCATION CONFERENCE

Wednesday, February 24, 2010

Hilton East Brunswick • East Brunswick, NJ

Hosted by:

The Occupational Safety and Health Education Program

*A Partnership of the New Jersey State AFL-CIO and the Rutgers University School of Management and Labor Relations,
funded by a grant from the New Jersey Department of Labor and Workforce Development.*

*rutgers/nj state afl-cio
occupational safety & health education program*



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NEW JERSEY DEPARTMENT OF
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LABOR AND WORKFORCE DEVELOPMENT
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occupational safety & health education program

The Occupational Safety and Health Education Program (OSHEP) has become an important safety and health resource for employers and local unions who are interested in creating a pro-active culture of safety in their workplace. Our goal is to work with organizations to develop innovative and effective safety and health training programs that reduce injuries and strengthen the systems of safety in the workplace.

THE NEW OSHEP PARTNERSHIP

With a grant from the New Jersey Department of Labor and Workforce Development, the New Jersey State AFL-CIO has once again partnered with the Rutgers University Labor Education Center to work together to enhance the skills of the workforce through training that requires and teaches active problem solving, critical thinking, and communication.

TRAIN-THE-TRAINER

OSHEP teaches hourly workers to become worker-trainers. Worker-trainers are active members of the workforce who have years of valuable experience and grasp the day-to-day realities of work. After attending an intensive Train-the-Trainer course, worker-trainers have the skills and ability to train other workers on safety and health issues. With detailed learning activities and accompanying fact sheets, OSHEP worker-trainers utilize participatory problem-centered training methods.

PARTICIPATORY TRAINING

Participants are put to work solving real-life problems, building upon their own skills and experiences. Instead of learning by listening, as expected in most training programs, participants learn-by-doing, improving their communication, critical thinking and problem-solving skills and adding value to their respective organizations.

COMPREHENSIVE TRAINING PROGRAMS

OSHEP partners with employers and local unions to develop customized safety and health training programs that increase awareness, reduce injuries, and enhance the skills of the workforce. Customized training programs involve training worker-trainers, developing site-specific curriculum through a joint labor-management process and working with the organization(s) to implement and evaluate the training program. OSHEP's goal is to help our partners achieve cost-effective, high quality, and innovative in-house training programs that work for each stakeholder.

TECHNICAL TRAINING

Facilities have the option of developing their own corps of in-house worker-trainers by identifying experienced workers active on health and safety issues to attend our Train-the-Trainer program. Alternatively, facilities may choose to rely on "outside" trainers drawn from OSHEP's roster of experienced worker-trainers. OSHEP staff works closely with trainers on delivering the on-site training whether they are drawn from inside or outside the company. Trainers can deliver training utilizing interactive small group training methods on topics including:

- Security Awareness & Preparedness
- Emergency Response
- Ergonomics
- Safe Patient Handling
- Confined Spaces
- Personal Protective Equipment
- Indoor Air Quality
- Slips, Trips, and Falls
- Preventing Workplace Violence
- Workplace Violence
- Strategic Planning for Safety and Health Committees

PUBLIC PROGRAMS

Each year, OSHEP sponsors a series of public programs that provide participants with information they can bring back and apply at their workplaces. Experienced worker-trainers and safety and health specialists conduct these workshops.

OTHER SERVICES

OSHEP also provides employers and local unions with safety culture assessments, health and safety surveys, on-site demonstration training programs and referral services.

If you would like more information on how to schedule a training demonstration program, please contact Komilla John at (609) 989-8289.

CONFERENCE SCHEDULE

8:00 a.m. - 9:00 a.m.	Registration / Continental Breakfast	Prefunction Room E
9:00 a.m. - 9:45 a.m.	Opening Session Komilla John, OSHEP Coordinator New Jersey State AFL-CIO Robert Kulick, Regional Director OSHA Region II, U.S. Department of Labor Jordan Barab, Deputy Assistant Secretary for Occupational Safety and Health, U.S. Department of Labor - KEYNOTE	Salon E
10:00 a.m. - 11:30 a.m.	Workshops - Session I Workplace Violence Prevention for Public and Private Sectors – Strategies that Work OSHA’s Recordkeeping Requirements for Work-Related Injuries and Illnesses Keeping Older Workers Safe & Healthy on the Job Beyond Stress Management	Salon E Piscataway Room Woodbridge Room Trenton Room
11:30 a.m. - 1:00 p.m.	Lunch	Salon D
1:00 p.m. - 2:30 p.m.	Workshops - Session II Construction Health Hazards Vision: A Blind Spot in Occupational Safety Programs Hazard Communication for the 21 st Century OSHA’s Proposed Adoption of the GHS Safe Patient Handling	Trenton Room Piscataway Room Salon E Woodbridge Room
2:30 p.m. - 2:45 p.m.	Afternoon Break / Light Refreshments	
2:45 p.m. - 4:00 p.m.	Closing Session OSHA Updates with OSHA Area Directors	Salon E

Donate blood today in the Brunswick A, B, C Rooms

WORKSHOP DESCRIPTIONS

Session I

Workplace Violence Prevention for Public and Private Sector - Strategies that Work **Salon E Room**

This workshop will focus on the important problem of violence in the healthcare and public sector workplaces and its impact on workers, their families, and work organizations. Successful strategies for preventing and responding to Workplace Violence will be reviewed. A panel of experts will discuss the scope of the problem and review case studies as well as the role of national and state regulatory agencies in tackling this serious workplace safety issue. Participants will learn about workplace and legislative strategies that have been effective in New York State and will engage in a dialogue about how similar strategies may succeed in their workplaces.

Presented by: Matthew Kozak, Project Developer, OSH Department, Civil Service Employees Association, Inc.; Thomas Lowe, Occupational Safety and Health Representative, New York State Nurses Association; Jonathan Rosen, Director of Occupational Safety & Health, Public Employees Federation, Inc.

OSHA's Recordkeeping Requirements for Work-Related Injuries and Illnesses **Piscataway Room**

This workshop will examine the general requirements for reporting and recording of injuries and illnesses, including what is exempted; the OSHA 300 log, the 300A Summary, and the 301 Incident Report; handling of privacy and needlestick cases; the reporting status of musculoskeletal disorders; union and workers' rights to get copies of this information; and current efforts to address significant underreporting.

Presented by: Barbara Rahke, Director, PhilaPOSH.

Keeping Older Workers Safe & Healthy on the Job **Woodbridge Room**

No one really agrees on the age that workers become "old," however, the U.S. workforce is aging and job exposures impact the pace of aging and the likelihood of injuries. This workshop will assist the audience in identifying high risk jobs, data sources, and preventive strategies. Two special cases, healthcare and construction, will provide specific examples of job exposures, health impacts, retirement issues and preventive strategies. Participants will gain knowledge of the types of jobs and work exposures that increase risk of injuries in older workers and learn about Construction-specific trends and Healthcare Industry issues.

Presented by: Sue Dong, Data Center Director, CPWR - The Center for Construction Research and Training; Denny Dobbin, President, Society for Occupational and Environmental Health; Kathleen McPhaul, Assistant Professor and Co-Director, University of Maryland Work and Health Research Center.

Beyond Stress Management **Trenton Room**

There are thousands of books and magazine articles on "managing stress". It's fairly apparent that working people are under a tremendous amount of stress. Workers have become the "survivors" of downsizing, reorganizing and restructuring. They have seen their job responsibilities grow and their control diminish. The health impact on workers of this stress is beginning to trickle in. For example, in the US, researchers have found a connection between stress, and heart disease and high blood pressure in studies of public employees. A huge study of British civil servants (the Whitehall Study) found that stress was responsible for the decline in health for workers from mid-management to low level jobs. Work-related stress can rarely be "managed" by the individual; it takes real changes in the workplace to reduce that stress. This workshop will discuss the documented health conditions related to workplace stress and a union approach to reducing workplace stress.

Presented by: Margaret Sargent, Second Vice President, Rochester Teachers Association, AFT; Amy J. Bahruth, President, NJ Conference of AAUP Chapters.

Session II

Construction Health Hazards

Trenton Room

Construction workers are exposed to health hazards as well as safety hazards and experience elevated rates of illness for some occupational diseases. This workshop will discuss some of the common health hazards in construction and how to recognize and control them.

Presented by: Pam Susi, Exposure Assessment Program Director, CPWR – The Center for Construction Research and Training.

Vision: A Blind Spot in Occupational Safety Programs

Piscataway Room

Attendees will learn the real dangers of failing to test vision. Attendees will discover simple and easy ways to include vision as a critical element in both safety investigations and planning. The real elements of "safe sight" will be discussed and effectively demonstrated to attendees. Participants will leave with a greater understanding of how vision plays a role in an aging workforce and how to implement programs that will lead to a safer and healthier workforce. Through a fun series of demonstrations, attendees will have a greater appreciation of their own visual limitations and how this may impact safety in the workplace. A common sense practical approach to solutions will be discussed.

Presented by: William Margaretta, President, New Jersey State Safety Council.

Hazard Communication for the 21st Century, OSHA's Proposed Adoption of the GHS

Salon E

This workshop will present OSHA's proposal to revise the Hazard Communication Standard to align with the Globally Harmonized System of Classification and Labeling of Chemicals. Participants will engage in a discussion with the presenter about what hazards are covered, how hazard classification is done, what changes we will see in chemical labels and Safety Data Sheets and how this new approach will benefit worker safety and health.

Presented by: Denese A. Deeds, CIH, Senior Consultant, Chemical Regulatory Affairs, Industrial Health and Safety Consultants, Inc.

Safe Patient Handling

Woodbridge Room

This workshop will discuss different aspects of the Safe Patient/Safe Resident Handling proposed regulation including a discussion of the legislative requirements specifically relating to the development of a Safe Patient Handling Program.

Presented by: Christine Zichello, RN, COHN-S, CSHM, ARM, FAAOHN, Senior Risk Control Specialist, PMA Group, Inc.

Closing Session

OSHA Updates with OSHA Area Directors

Salon E

OSHA's New Jersey Area Directors will present this forum that includes an update of all that is new at OSHA. The workshop will also focus on issues that are specific to New Jersey such as Local Emphasis Programs. There will be an open discussion period for questions and comments. Topics covered will include Construction update and regulatory agenda, safety and health management systems, and summary of enforcement statistics.

Presented by: Phillip Peist, Area Director-Parsippany Area Office; Patricia Jones, Area Director-Avenel Area Office; Lisa Levy, Area Director-Hasbrouck Heights Area Office; Paula Dixon-Roderick, Area Director-Marlton Area Office.

Thank you to all of the workshop participants and those of you who dedicate yourself to making workplaces in New Jersey safer, healthier and more secure.

INFORMATIONAL BOOTHS

OCCUPATIONAL SAFETY & HEALTH EDUCATION PROGRAM

The Occupational Safety & Health Education Program works with organizations to develop innovative and effective safety and health training programs that reduce injuries and strengthen the systems of safety in the workplace. With a grant from the NJ Department of Labor and Workforce Development, the New Jersey State AFL-CIO and the Rutgers University School of Management and Labor Relations work together to enhance the skills of the workforce through training that requires and teaches active problem solving and critical thinking.

609-989-8289 • 609-989-8734 Fax
www.njaflcio.org/oshep

NEW JERSEY DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT OSHA/PEOSH CONSULTATION & TRAINING

The New Jersey Department of Labor and Workforce Development offers free and confidential on-site consultation and training for private and public sector employees. The consultation and training staff provide OSHA and PEOSH compliance assistance at no risk and no cost. Visit their booth to learn about various resources available for help in accident/injury reduction and cost saving methods.

(609) 984-1863
www.state.nj.us/labor/mainpages/safety.html

NEW JERSEY SAFE SCHOOLS PROGRAM

The New Jersey Safe Schools Program is funded by the New Jersey Department of Education, the Office of Vocational-Technical, Career and Innovative Programs, to assist schools in reducing risks to occupational safety and health hazards in secondary schools and work microenvironments in which New Jersey adolescents (minors, ages 16-18) spend time. The project is administered by the Center for School and Community Health Education at UMDNJ-School of Public Health, in collaboration with the Public Education and Risk Communication Division of the Environmental and Occupational Health Sciences Institute (EOHSI). Safe Schools involves a number of outreach components designed to support teachers, administrators, safety and health designees, structured learning experience/career orientation coordinators, county apprenticeship coordinators, cooperative education coordinators and those involved in school-to-careers.

732-235-4988 • 732-235-4960 Fax
www.njsafeschools.org

NEW JERSEY STATE SAFETY COUNCIL

The work of the New Jersey State Safety Council, a non-governmental, nonprofit public service organization, founded by business and industry in 1946, is dedicated to the prevention of accidents and fatalities in New Jersey. Its broad range of safety activities is supported by contributions and grants from subscribers in both the public and private sectors. Through its programs, the New Jersey State Safety Council has helped New Jersey achieve and maintain one of the best safety records in the nation. Since its inception, it has been the state's strongest advocate of preventing and mitigating human and economic losses arising from accidental causes. Programs such as those created and administered by the New Jersey State Safety Council are a major factor in keeping accident frequency low and reducing their human and economic toll.

908-272-7712
www.njsafety.org

U.S. DEPARTMENT OF LABOR OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION

The Occupational Safety and Health Administration aims to ensure worker safety and health in the United States by working with employers and employees to create better working environments. Since its inception in 1971, OSHA has helped to cut workplace fatalities by more than 60 percent and occupational injury and illness rates by 40 percent. OSHA's mission is to assure the safety and health of America's workers by setting and enforcing standards; providing training, outreach, and education; establishing partnerships; and encouraging continual improvement in workplace safety and health.

www.osha.gov

Avenel Area Office

1030 St. Georges Avenue, Plaza 35, Suite 205
Avenel, New Jersey 07001
(732) 750-3270
(732) 750-4737 FAX

Hasbrouck Heights Area Office

500 Route 17 South, 2nd Floor
Hasbrouck Heights, New Jersey 07604
(201) 288-1700
(201) 288-7315 FAX

Marlton Area Office

Marlton Executive Park, Building 2
701 Route 73 South, Suite 120
Marlton, New Jersey 08053
(856) 396-2594
(856) 396-2593 FAX

Parsippany Area Office

299 Cherry Hill Road, Suite 103
Parsippany, New Jersey 07054
(973) 263-1003
(973) 299-7161 FAX

ATLANTIC OSHA TRAINING CENTER

The training center offers occupational safety and health short courses available for students in need of certifications, certification review, licenses, and credits. Courses are instructed by experts in their field, and are structured to be small enough to allow for active discussion and personal attention, yet large enough to provide a diversified group of participants.

732-235-9450 • 732-235-9460 Fax

o.php.umdnj.edu

NEW JERSEY STATE INDUSTRIAL SAFETY COMMITTEE

The NJSISC is established within the New Jersey Department of Labor and Workforce Development. Committee membership takes a prominent part in the field of accident prevention, and is responsible for accident prevention matters in the organization in which they are employed.

Visit their booth to learn about the organization and learn how we can advise industries of safety promotions and conduct occupational safety and health training seminars in public and private sector. You can also obtain information on the Governor's Annual Occupational Safety and Health Awards Program.

609-984-4738 • 609-292-3982 Fax

www.state.nj.us/labor/lsse/lsnjsisc

OLYMPIC GLOVE AND SAFETY

For over 80 years the Olympic Glove and Safety Company has been dedicated to providing our customers with the finest quality protective clothing, safety equipment and work gloves.

When we accept a customer's order, we make a commitment, a promise. In order to ensure we keep this promise, we use quality procedures to strengthen competitiveness and achieve product quality in a cost-effective way. We commit to a strategy of continuous improvement, relentlessly seeking to provide the most effective growth opportunities, innovative products and services possible.

201-794-9320 • 201-794-0804 Fax

www.olymicglove.com

GUARD LINE FIRE & SAFETY

Guard Line, a spin-off from a 75-year-old industrial safety company located in Northern New Jersey, is dedicated to providing personal protective equipment and tools for the American Firefighter. Since incorporation in May 2003, our growth has been explosive.

Today, Guard Line offers a complete Service Center with mobile service capabilities, and seven MSA-certified repair technicians. Our employees have over 75 years of combined expertise in fire safety, fire fighting and EMS fields. Guard Line Fire and Safety Co., Inc., is North Jersey's *premier* MSA dealer, as well as a Lion Apparel's (Janesville) master dealer. We have supplied over 150 MSA Thermal Imaging Camera's to **FDNY**, and are the leading dealer in Cairns EMS/Rescue Helmets.

201-475-6600 • 201-703-8180 Fax

www.guardlinefire.com

GOLDER ASSOCIATES, INC.

Golder aims to be an industry leader in health and safety by building a culture where both are considered first above all else and embedded in how we work. This is supported by a program to ensure that staff are trained to carry out technical tasks safely, with increased awareness and skills that are applicable at work and at home.

Our goal is to provide a work environment supported by a system that, with awareness, will lead to zero serious incidents involving our people. Visit their booth to learn about Golder's occupational health and safety support services.

856-793-2005 • 856-793-2006 Fax

www.golder.com

LEHIGH VALLEY SAFETY SUPPLY COMPANY

Founded in 1978 in Allentown, PA, Lehigh Valley Safety Shoes has earned a long standing reputation as the premier supplier of safety footwear for virtually any situation. Our Shoemobile service, designed as "a shoe store on wheels," provides safety shoes to you or your employees onsite. Personalized proper fittings and customer specific invoicing for each visit are only two of the customer friendly services available. Lehigh Valley Safety Shoes provides Shoemobile service to companies located in Central and Eastern Pennsylvania, all of New Jersey, all of Delaware, all of Maryland, Eastern and Northern Virginia, and Washington DC.

610-791-1577 • 610-966-4781 Fax

www.safetyshoes.com

NEW JERSEY WORKPLACE BLOOD DONOR COALITION

New Jersey is facing a severe and chronic blood shortage.

The New Jersey Workplace Blood Donor Coalition is calling on employers to increase blood donations by conducting more workplace blood drives.



Did You Know...

- ▶ Nine out of 10 people will need blood some time in their lives.
- ▶ Sixty percent of New Jerseyans are eligible to donate blood, yet only 3.6 percent donate on a routine basis.
- ▶ If we could increase donor participation to the national average of 5 percent, we would eliminate New Jersey's blood shortage.

Visit our booth or call Bruce Peyser at Bruce L Peyser, Blood Drive Committee Chairman for MetLife Insurance @ 732-893-GIVE (732-893-4483)

The New Jersey Workplace Blood Donor Coalition is a group of New Jersey business leaders and healthcare professionals who joined forces to reduce the state's severe and chronic blood shortage. The Coalition represents a partnership among public and private sector employers; and hospitals, blood bank and business associations. Their overall goal is to ensure that New Jersey has an adequate blood supply at all times by increasing workplace blood donations in the state.

The Coalition meets quarterly to develop strategies to support and enhance the effectiveness of workplace blood drives. Raising awareness of the need to increase blood donation among New Jersey's diverse ethnic employees is one of the Coalition's primary objectives. Certain rare and specific blood types are often in short supply. New Jersey is one of the most culturally diverse states in the nation. There is a significant need for blood donations from people of all races and ethnicities.

Through the Save 3 Lives: All in a Day's Work Campaign, the Coalition is committed to:

- Ensuring New Jersey has a self-sustaining blood supply (Vision)
- Increasing the business community's participation in successful blood donation drives (Mission)

Donate blood today in the Brunswick A, B, C Rooms and sign up to be a member of the Coalition!

Visit their booth or call Bruce Peyser, Blood Drive Committee Chairman for MetLife Insurance at 732-893-GIVE (732-893-4483)

or

visit www.njsave3lives.com for more information on how you can do your part in addressing the critical shortage of blood.