

NEW JERSEY STATE OCCUPATIONAL SAFETY AND HEALTH CONFERENCE

Wednesday, February 18, 2009

Hilton East Brunswick • East Brunswick, NJ

Hosted by:

The Occupational Safety and Health Education Program

*A Partnership of the New Jersey State AFL-CIO and the Rutgers University School of Management and Labor Relations,
funded by a grant from the New Jersey Department of Labor and Workforce Development.*

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occupational safety & health education program



THE STATE UNIVERSITY OF NEW JERSEY
RUTGERS

NEW JERSEY DEPARTMENT OF
LWD
LABOR AND WORKFORCE DEVELOPMENT
nj.gov/labor

OSHEP

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occupational safety & health education program

The Occupational Safety and Health Education Program (OSHEP) has become an important safety and health resource for employers and local unions who are interested in creating a pro-active culture of safety in their workplace. Our goal is to work with organizations to develop innovative and effective safety and health training programs that reduce injuries and strengthen the systems of safety in the workplace.

THE NEW OSHEP PARTNERSHIP

With a grant from the New Jersey Department of Labor and Workforce Development, the New Jersey State AFL-CIO has once again partnered with the Rutgers University Labor Education Center to work together to enhance the skills of the workforce through training that requires and teaches active problem solving, critical thinking, and communication.

TRAIN-THE-TRAINER

OSHEP teaches hourly workers to become worker-trainers. Worker-trainers are active members of the workforce who have years of valuable experience and grasp the day-to-day realities of work. After attending an intensive Train-the-Trainer course, worker-trainers have the skills and ability to train other workers on safety and health issues. With detailed learning activities and accompanying fact sheets, OSHEP worker-trainers utilize participatory problem-centered training methods.

PARTICIPATORY TRAINING

Participants are put to work solving real-life problems, building upon their own skills and experiences. Instead of learning by listening, as expected in most training programs, participants learn-by-doing, improving their communication, critical thinking and problem-solving skills and adding value to their respective organizations.

COMPREHENSIVE TRAINING PROGRAMS

OSHEP partners with employers and local unions to develop customized safety and health training programs that increase awareness, reduce injuries, and enhance the skills of the workforce. Customized training programs involve training worker-trainers, developing site-specific curriculum through a joint labor-management process and working with the organization(s) to implement and evaluate the training program. OSHEP's goal is to help our partners achieve cost-effective, high quality, and innovative in-house training programs that work for each stakeholder.

TECHNICAL TRAINING

Facilities have the option of developing their own corps of in-house worker-trainers by identifying experienced workers active on health and safety issues to attend our Train-the-Trainer program. Alternatively, facilities may choose to rely on "outside" trainers drawn from OSHEP's roster of experienced worker-trainers. OSHEP staff works closely with trainers on delivering the on-site training whether they are drawn from inside or outside the company. Trainers can deliver training utilizing a Small Group Activity Method on topics including:

- Security Awareness & Preparedness
- Emergency Response
- Ergonomics
- Safe Patient Handling
- Confined Spaces
- Personal Protective Equipment
- Indoor Air Quality
- Slips, Trips, and Falls
- Preventing Workplace Violence
- Process Safety Management
- Strategic Planning for Safety and Health Committees

PUBLIC PROGRAMS

Each year, OSHEP sponsors a series of public programs that provide participants with information they can bring back and apply at their workplaces. Experienced worker-trainers and safety and health specialists conduct these workshops.

OTHER SERVICES

OSHEP also provides employers and local unions with safety culture assessments, health and safety surveys, on-site demonstration training programs and referral services.

If you would like more information on how to schedule a training demonstration program, please contact Komilla John at (609) 989-8289.

CONFERENCE SCHEDULE

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|------------------------|---|---|
| 8:00 a.m. -9:00 a.m. | Registration / Continental Breakfast | Prefunction Room E |
| 9:15 a.m. -10:00 a.m. | Opening Session David J. Socolow, Commissioner New Jersey Department of Labor and Workforce Development Joseph A. Fiordaliso, Commissioner New Jersey Board of Public Utilities Robert Kulick, Regional Director OSHA Region II, U.S. Department of Labor | Salon E |
| 10:15 a.m. -11:45 a.m. | Workshops - Session I Practical Ergonomics at Work Effective Training Techniques OSHA Update with OSHA Area Directors | Trenton Room Brunswick AB Room Monroe Room |
| 12:00 n -1:00 p.m. | Lunch | Salon D |
| 1:15 p.m. -2:45 p.m. | Workshops - Session II Combating Workplace Violence Emergency and Disaster Response and Planning I Don't Feel So Good Avoiding Infectious Diseases Healthcare Ergonomics | Salon E Brunswick AB Room Monroe Room Trenton Room |
| 2:45 p.m. -3:00 p.m. | Afternoon Break / Light Refreshments | |
| 3:00 p.m. -4:30 p.m. | Workshops - Session III Indoor Air Quality Designated Persons Training PEOSH Updates and New Developments OSHA Hazard Awareness Seminar | Trenton Room Brunswick AB Room Monroe Room |

PROGRAM DESCRIPTIONS

Session I

Practical Ergonomics at Work

Trenton Room

This workshop will focus on practical approaches to workplace ergonomics that have succeeded in reducing employee injuries and workers' compensation costs at facilities in New York State. Participants will get a first hand look at the strategic plan and partnership between New York State unions and government agencies that resulted in significant reductions in costs and injuries.

Presented by: Matthew Kozak, Project Developer, Civil Services Employees Association, Inc.

Effective Training Techniques

Brunswick AB Room

Mapping techniques are participatory methods by which workers and management can use their own experiences and knowledge to document workplace health and safety problems. Once the information is gathered, it can be used to develop strategies to eliminate or reduce workplace hazards and to improve health and safety at work. Participants will engage in interactive hazard mapping to gain a better understanding of how effective training techniques can effect change in a workplace.

Presented by: Barbara Rahke, Director, PhilaPOSH; Nicole Charles, Training Coordinator, PhilaPOSH.

OSHA Updates with OSHA Area Directors

Monroe Room

OSHA's New Jersey Area Directors will be presenting a forum that includes an update of all that is new at OSHA. The workshop will also focus on issues that are specific to New Jersey such as Local Emphasis Programs. There will be an open discussion period for questions and comments.

Presented by: Phillip Peist, Area Director-Parsippany Area Office, OSHA Region II;
Patricia Jones, Area Director-Avenel Area Office; Lisa Levy, Area Director-Hasbrouck Heights Area Office; Paula Dixon-Roderick, Area Director-Marlton Area Office.

Session II

Combating Workplace Violence

Salon E

This workshop will provide participants with information on known facts about fatal and nonfatal violence in the workplace, risk factors for violence in the workplace, the magnitude of the problem and how OSHA is addressing this serious occupational hazard. Participants will become familiar with OSHA's workplace violence guidelines, statistics on workplace violence, the magnitude of the problem, risk factors as well as preventative measures to reduce violence in the workplace. The workshop will also feature a discussion of workplace violence regulations in New Jersey that may have an impact on your workplace.

Presented by: Laura Kenny, Labor Liaison, U.S. Department of Labor, OSHA Region II.

Emergency and Disaster Response and Planning

Brunswick AB Room

The goal of this workshop is to increase the participant's knowledge of emergency planning and features of a good evacuation plan. The participants will focus on the requirements of an effective emergency action plan for natural and man-made disasters. In addition, participants will be given the tools to create and evaluate an emergency plan.

Presented by: John M. Malool, MS, CFPS, Course Director, UMDNJ School of Public Health – Office of Public Health Practice.

I Don't Feel So Good: Avoiding Infectious Diseases

Monroe Room

This workshop will focus on known facts about bloodborne pathogens at work, OSHA regulations concerning this issue and effective safety and health programs that have proven success at a wide variety of workplaces. Participants will also gain a better understanding of how to protect themselves, their clients and their colleagues from the spread of infections.

Presented by: John Bonnage, USU Health and Safety Committee.

Healthcare Ergonomics

Trenton Room

This workshop will focus on New Jersey's Safe Patient Handling law, passed in January, 2008, which requires all healthcare facilities in the state to comply with certain requirements for safe patient handling. Participants will be provided with a comprehensive overview of the law and how it affects employees and facilities

Presented by: Claire Galiano, Vice President, United Food and Commercial Workers Local 152.

Session III

Indoor Air Quality, Designated Persons Training

Trenton Room

This workshop will provide an overview of Indoor Air Quality, symptoms associated with poor indoor air quality, common causes and solutions to poor indoor air quality, and provides a list of additional resources. This workshop meets the 'Designated Person' training requirement of the PEOSH Indoor Air Quality Standard and includes a certificate of completion from PEOSH.

Presented by: Keith Bobrowski, MPH, Research Scientist, New Jersey Department of Health and Human Services.

PEOSH Updates and New Developments

Brunswick AB Room

This workshop will provide an overview of Indoor Air Quality, symptoms associated with poor indoor air quality, common causes and solutions to poor indoor air quality, and provides a list of additional resources. This workshop meets the 'Designated Person' training requirement of the PEOSH Indoor Air Quality Standard and includes a certificate of completion from PEOSH.

Presented by: Howard Black, Director, New Jersey Department of Labor & Workforce Development; John Patterson, Chief, New Jersey Department of Labor & Workforce Development.

OSHA Hazard Awareness Seminar

Monroe Room

This workshop will cover the effectiveness of safety and health programs and then discuss standards in Construction and General Industry that are most frequently violated or are the root cause of most injuries, illnesses and fatalities in the workplace.

Presented by: Michael A. Yarnell, Compliance Assistance Specialist- OSHA Avenel Area Office, OSHA Region II, U.S. Department of Labor.

The Occupational Safety and Health Education Program thanks you for your participation and your dedication to making workplaces in New Jersey safer, healthier and more secure.

INFORMATIONAL BOOTHS

OCCUPATIONAL SAFETY & HEALTH EDUCATION PROGRAM

The Occupational Safety & Health Education Program works with organizations to develop innovative and effective safety and health training programs that reduce injuries and strengthen the systems of safety in the workplace. With a grant from the NJ Department of Labor and Workforce Development, the New Jersey State AFL-CIO and the Rutgers University School of Management and Labor Relations work together to enhance the skills of the workforce through training that requires and teaches active problem solving and critical thinking.

609-989-8289 • 609-989-8734 Fax

www.njaflcio.org/oshep

GEORGE MEANY CENTER FOR LABOR STUDIES/NATIONAL RESOURCE CENTER

The National Resource Center for OSHA Training was established in 1994 as the Region III OSHA Training Institute Education Center. It is run as a consortium of the National Labor College (NLC), Building and Construction Trades Department of the AFL-CIO/The Center to Protect Workers' Rights, and West Virginia University Safety and Health Extension. The National Resource Center (NRC) has experienced instructors who bring an element of "real life" to the classroom, along with our current and technically sound understanding of the OSHA regulations that apply to the particular industry.

301-431-5457 or 800-367-6724

www.nlc.edu

NEW JERSEY DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT OSHA/PEOSH CONSULTATION & TRAINING

The New Jersey Department of Labor and Workforce Development offers free and confidential onsite consultation and training for private and public sector employees. The consultation and training staff provide OSHA and PEOSH compliance assistance at no risk and no cost. Visit their booth to learn about various resources available for help in accident/injury reduction and cost saving methods.

www.state.nj.us/labor/mainpages/safety.html

ATLANTIC OSHA TRAINING CENTER

The training center offers occupational safety and health short courses available for students in need of certifications, certification review, licenses, and credits. Courses are instructed by experts in their field, and are structured to be small enough to allow for active discussion and personal attention, yet large enough to provide a diversified group of participants.

732-235-9450 • 732-235-9460 Fax

o.php.umdnj.edu

U.S. DEPARTMENT OF LABOR OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION

The Occupational Safety and Health Administration aims to ensure worker safety and health in the United States by working with employers and employees to create better working environments. Since its inception in 1971, OSHA has helped to cut workplace fatalities by more than 60 percent and occupational injury and illness rates by 40 percent. OSHA's mission is to assure the safety and health of America's workers by setting and enforcing standards; providing training, outreach, and education; establishing partnerships; and encouraging continual improvement in workplace safety and health.

www.osha.gov

Avenel Area Office

1030 St. Georges Avenue, Plaza 35, Suite 205
Avenel, New Jersey 07001
(732) 750-3270
(732) 750-4737 FAX

Hasbrouck Heights Area Office

500 Route 17 South, 2nd Floor
Hasbrouck Heights, New Jersey 07604
(201) 288-1700
(201) 288-7315 FAX

Marlton Area Office

Marlton Executive Park, Building 2
701 Route 73 South, Suite 120
Marlton, New Jersey 08053
(856) 757-5181
(856) 757-5087 FAX

Parsippany Area Office

299 Cherry Hill Road, Suite 103
Parsippany, New Jersey 07054
(973) 263-1003
(973) 299-7161 FAX

NEW JERSEY SAFE SCHOOLS PROGRAM

The New Jersey Safe Schools Program is funded by the New Jersey Department of Education, the Office of Vocational-Technical, Career and Innovative Programs, to assist schools in reducing risks to occupational safety and health hazards in secondary schools and work microenvironments in which New Jersey adolescents (minors, ages 16-18) spend time. The project is administered by the Center for School and Community Health Education at UMDNJ-School of Public Health, in collaboration with the Public Education and Risk Communication Division of the Environmental and Occupational Health Sciences Institute (EOHSI). Safe Schools involves a number of outreach components designed to support teachers, administrators, safety and health designees, structured learning experience/career orientation coordinators, county apprenticeship coordinators, cooperative education coordinators and those involved in school-to-careers.

732-235-4988 • 732-235-4960 Fax

www.njsafeschools.org/

NEW JERSEY STATE SAFETY COUNCIL

The work of the New Jersey State Safety Council, a non-governmental, nonprofit public service organization, founded by business and industry in 1946, is dedicated to the prevention of accidents and fatalities in New Jersey. Its broad range of safety activities is supported by contributions and grants from subscribers in both the public and private sectors. Through its programs, the New Jersey State Safety Council has helped New Jersey achieve and maintain one of the best safety records in the nation. Since its inception, it has been the state's strongest advocate of preventing and mitigating human and economic losses arising from accidental causes. Programs such as those created and administered by the New Jersey State Safety Council are a major factor in keeping accident frequency low and reducing their human and economic toll.

908-272-7712

www.njsafety.org

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www.jjkeller.com

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HEALTHY CLEAN BUILDINGS

Healthy Clean Buildings identifies and provides effective and practical Alternative Bio-based Cleaning Solutions for Healthier and Safer Indoor Environments. Visit their information booth to learn about the history and evolution of the "GREEN Cleaning" movement in this country; and sensible approaches to initiate such programs in your facility.

631-643-1882 • 631-643-4649 Fax

www.cleaningpro.com

